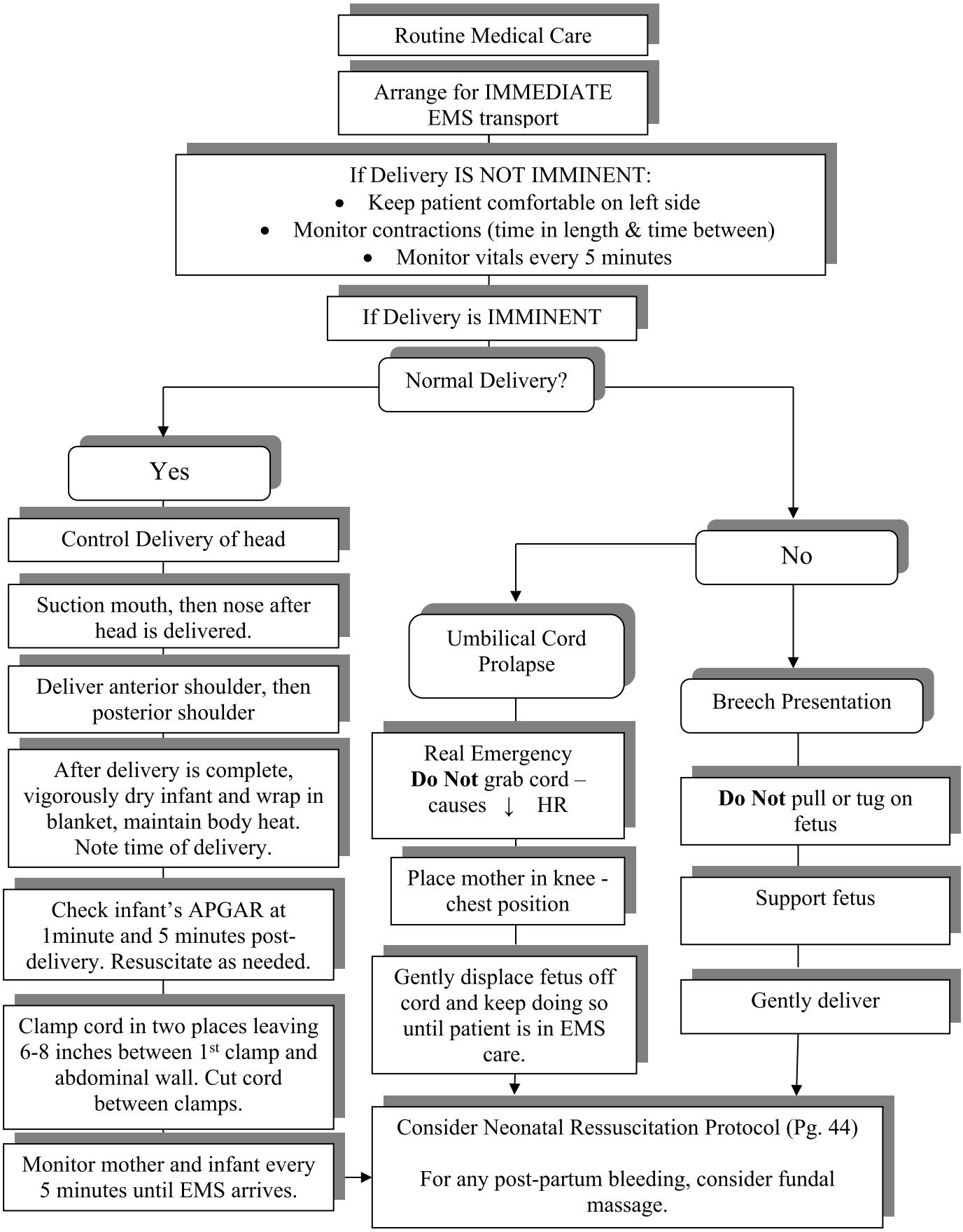
# CHILDBIRTH


Routine Medical Care
Arrange for IMMEDIATE EMS transport
If Delivery IS NOT IMMINENT:
• Keep patient comfortable on left side
• Monitor contractions (time in length & time between)
• Monitor vitals every 5 minutes
If Delivery is IMMINENT
Normal Delivery?
Yes
Control Delivery of head
Suction mouth, then nose after head is delivered.
Deliver anterior shoulder, then posterior shoulder
After delivery is complete, vigorously dry infant and wrap in blanket, maintain body heat. Note time of delivery.
Check infant's APGAR at 1minute and 5 minutes post-delivery. Resuscitate as needed.
Clamp cord in two places leaving 6-8 inches between 1st clamp and abdominal wall. Cut cord between clamps.
Monitor mother and infant every 5 minutes until EMS arrives.
No
Umbilical Cord Prolapse
Real Emergency
Do Not grab cord – causes ↓ HR
Place mother in knee - chest position
Gently displace fetus off cord and keep doing so until patient is in EMS care.
Breech Presentation
Do Not pull or tug on fetus
Support fetus
Gently deliver
Consider Neonatal Ressuscitation Protocol (Pg. 44)
For any post-partum bleeding, consider fundal massage.