HYPERTENSION

Routine Medical Care Obtain baseline vitals and history Consider performing Cincinnati Stroke Scale (procedures Page 38) Identify possible causes Have patient rest in semi-fowler's position while monitoring. Provide oxygen therapy per protocol. For significant neurological deficits or diastolic BP>110 mm/hg arrange for IMMEDIATE EMS transport. Monitor vitals every 15 minutes for stable patients and every 5 minutes for unstable patients until EMS arrival. (Consider performing Cincinnati Stroke scale at each interval)

Diastolic pressure over 90mm/hg Nausea/Vomiting Confusion Blurred Vision Headache