3. Community Wellbeing

Goal: Promote safe, healthy, and active lifestyles utilizing local community resources encompassing social, environmental, physical, and mental wellbeing.

Policies

- 3.1 Resources should be provided to improve the community's public services, including but not limited to employment, crime prevention, childcare, health, drug abuse, education, and recreational needs.
- 3.2 Existing non-profit, community resources should be utilized where possible to address community wellness issues and opportunities.
- 3.3 Coordination with local health officials should be pursued to educate the public (including school children and seniors) about the importance of a healthy lifestyle that includes being physically active and eating healthily.
- 3.4 Efforts should be made to preserve, improve, and market affordable and accessible outdoor recreational facilities, including meeting/event spaces, parks and open space, and programs for adults and youth.
- 3.5 Facilities such as parks, schools, and community centers should be located in appropriately planned activity centers and near new and existing neighborhoods according to adopted plans and Capital Improvement Programs.
- 3.6 An active, healthy lifestyle should be promoted through livable community urban design and development patterns, including hiking, running, and biking trails connecting urban and rural areas with parks and with water trails along our creeks and rivers.
- 3.7 Community involvement and programming opportunities for youth should be maintained and enhanced through public-private partnerships.