



Administrative Office
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Serving: Ben Hill, Berrien, Brooks, Cook, Echols, Irwin, Lanier, Lowndes, Tift, and Turner Counties

Proposal for Strengthening Families Program Lowndes County, #LC-686-22
GA Board of Commissioners Purchasing Department
October 24, 2022
Legacy Behavioral Health Services
3120 North Oak Street Ext. Suite B Valdosta, GA 31602
Contact Person: Mallory Sims, LMFT 229-671-6192

Organizational Experience

Legacy Behavioral Health Services has been providing services to youth and families with behavioral health related issues, emotional disorders, and substance use disorders for over 35 years. LBHS is currently serving 784 youth, ages 4-21 and their families. Our team focuses on helping youth and their families through the challenges they may face by providing group, family, and individual counseling along with community support services. All LBHS employees receive initial and ongoing diversity, equity, and inclusion trainings.

Our services are tailored to help youth and families with mental health, addictive diseases and developmental disability related challenges to improve their quality of life and be a productive member of society. Services tailored to the youth and family are based on the needs and preferences of each family. It is always our goal to provide high quality services through our caring and professional staff as well as monitoring customer satisfaction and meeting the other program outcomes.

Our clinicians use the whole person approach and refer youth and families to additional services that are offered by our organization or other community providers, to include but not limited to psychological evaluations, Applied Behavior Analysis (ABA) Therapy, Psychiatric Residential Treatment Facilities (PRTFs) and/or specialists. Treatment modalities within Legacy BHC vary depending on the individualized needs, symptoms and stressors. Some treatment modalities used are Aggression Replacement Training, Strengthening Families concepts, Seven Challenges, and trauma focused therapy. Parenting and/or caregiver sessions are available in addition to this proposed program, and can provide families with psychoeducation, parenting skills, techniques to decrease and manage unwanted behaviors.

Legacy Behavioral Health Services is accredited by CARF for the following programs:
Adult and C&A Outpatient – Intensive Outpatient – Community Housing – Community Integration
Supported Living – Crisis Stabilization – Assertive Community Treatment

