

the child take the lead in play activities, increasing attention and praise for positive children's behaviors, positive family communication including active listening and reducing criticism and sarcasm, family meetings to improve order and organization, and effective and consistent discipline including consequences and time-outs. The children's skills training content includes communication skills to improve parents, peers, and teacher relationships, hopes and dreams, resilience skills, problems solving, peer resistance, feeling identification, anger management and coping skills.

The family practice sessions allow the parents and children time to practice what they learned in their individual sessions in experiential exercises. This is also a time for the four group leaders to coach and encourage family members for improvements in parent/child interactions. The major skills to learn are: 'Our time', similar to therapeutic child play where the parent allows the child to determine the play or recreation activity, Family Meetings and effective communication exercises, and 'Parent Game' or effective discipline. Home practice assignments improve generalization of new behaviors at home.

SFP 7-17 fully meets all US federal agencies' standards for science-based prevention programs and is in 17 countries. SFP 7-17 is culturally sensitive rather than culturally specific, but has also been successfully adapted for African American, Asian/Pacific Islander, Hispanic, and American Indian families, and has been translated into Spanish, Portuguese, Russians, Dutch, Swedish, French, Thai, and Chinese.

Outcomes include increased family strengths and resilience and reduced risk factors for problem behaviors in high-risk children, including behavioral problems, emotional, academic and social problems

SFP has been evaluated many times by independent researchers in randomized control trials or health services research with very positive results in reducing substance abuse and delinquency risk factors by improving family relationships. Hence, SFP is rated at the top of the list by international and national review groups including the prestigious World Health Organization, Cochrane Collaboration Reviews in Oxford, United Nations Office of Drugs and Crime in Vienna, White House, National Institute on Drug Abuse (NIDA) sponsor of the original SFP research, Office of Juvenile Justice and Delinquency Prevention (OJJDP). SFP is now being tested for the prevention of child abuse as an evidence-based program on Administration for Children and Families (ACF) grants to several states and tribal jurisdictions.

B. Outline of proposed programming