

strategies often include evidence-based cognitive-behavioral strategies for addressing family functioning and referral problems. Phase activities are focused on modeling and prompting positive behavior, providing directives and information, developing creative programs to change behavior, all while remaining sensitive to family member abilities and interpersonal needs.

The FFT clinician serves between 8-12 youth and families at one time. Interventions range from 15-20 1-hour, intensive therapy sessions for mild cases to up to 30 sessions for more difficult families. Treatment duration is approximately 1-3 sessions per week for 3-4 months and scheduled when convenient for families. During the pandemic, telehealth has been utilized and, although the average duration of sessions decreased, frequency of sessions increased.

3. Target Population

- a. Provide a detailed description of the clearly defined target population to be served in the grant period, include the following:
 - i. Explain how and why the target population was selected, including any risk factors.

The target population as described above in part 2.a includes an at risk population of 27,186 youth. In accordance with the intent of the Juvenile Justice Incentive Grant Program, the Lowndes County Juvenile Court is choosing to prioritize the target population of youth determined to be medium to high-risk offenders as assessed using the Pre-Disposition Risk Assessment (PDRA). The demographics and referral behaviors of the youth served in the Functional Family Therapy program are likely to reflect similar demographics as youth in the County juvenile justice system. The majority of referrals to Lowndes County Juvenile Court are male and African American. Reducing reliance on residential placement for these priority populations is consistent with the Court's mission to safeguard both long-term public safety and youth development outcomes and provides a research-based low-cost, high benefit intervention for improving outcomes for Lowndes County youth.

- ii. County or counties to be served (please only apply for counties you are able to serve).

Youth and families will be served in Lowndes County.

- iii. State number of youth served and/or cohorts. This should be by program if an applicant plans to implement more than one program.

Lowndes County will partner with Evidence Based Associates and Grace Harbour, Inc to provide FFT to 54 youth and families during this grant period.

- iv. List assessment instruments to be used for selected target population and how they will be used to screen youth. Applicants should include a detailed description of how the DJJ's DAI and PDRA will be utilized to